

Lambeth and Southwark Stop Smoking Advisor Training and Development Programme 2014 – 2015

REFRESHER TRAINING

This training will update your skills and knowledge and give you the confidence to work more effectively with your smoking clients.

The training will:

- Provide an update on the full range of stop smoking treatments available
- Revisit key advisor skills outlined by the National Centre for Smoking Cessation and Training (NCSCT) including assessing readiness to quit, relapse prevention etc
- Provide a forum for trouble shooting and peer support and learning
- Enable you to work more confidently as a stop smoking advisor

Refresher Session	Tuesday 17 th June 2014	2.00pm-5.00pm	Gracefield Gardens Health Centre, 2 – 8 Gracefield Gardens, London SW16 2ST
Refresher Session	Thursday 23 rd October 2014	6.00pm – 9.00pm	Gracefield Gardens Health Centre, 2 – 8 Gracefield Gardens, London SW16 2ST
Refresher Session	Tuesday 9 th December 2014	6.00 – 9.00pm	Dulwich Community Hospital, East Dulwich Grove, SE22 8PT
Refresher Session	Wednesday 4 th February 2015	2.00 – 5.00pm	Tooley Street, 160 Tooley Street

Advanced Skills Training

The advanced skills sessions are for advisers who want to develop their skills and keep up to date with new developments in the field of smoking cessation. These sessions include:

- Updates on new products and techniques for assisting smokers to quit.
- Presentations on special areas of interest such as working with patients with COPD, Mental Health conditions and motivational interviewing techniques.
- The opportunity to network and share expertise with other advisers.

Motivational Interviewing and Pregnancy	Tuesday 13 th May 2014	12.30 – 4.30	Gracefield Gardens Health Centre, 2 – 8 Gracefield Gardens, London SW16 2ST
Campaigns and Marketing: Promoting in house SSS and Motivational Interviewing/Relapse Prevention	Wednesday 9 th July 2014	9.30 – 1.00	Education Centre, 75-79 York Road, London SE1 7NJ
Mental health and COPD	Tuesday 16 th Sep 2014,	12.30 - 4.30	Mary Sheridan House, 5 Dugard Way, Kennington SE11
Campaigns and Marketing: Promoting in house SSS and Motivational Interviewing/Relapse Prevention	Thursday 6 th Nov 2014,	6.30 – 9.30	The Rosendale Pub, 65 Rosendale Rd, West Dulwich, London SE21 8EZ
Mental Health	Thursday 15 th Jan 2015	6.30 – 9.30	Goldsmith Room – Dulwich Community Hospital, SE22 8PT
Motivational Interviewing and relapse prevention	Thursday 5 th March 2015	12.30 – 4.30	Peckham Library Pod 1, 122 Peckham Hill Street, SE15 5JR

Booking Form

Please note that it is a requirement for all advisers working on behalf of Lambeth Stop Smoking Service and Southwark Stop Smoking Service to attend at least one update or refresher session per year.

Name: (Please print)

E-mail address

Job Title

Service Name.....

Address

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Contact telephone

Any special requirements?

Please tick as required:

Refresher Training

Advanced Skills Training

Date requested

Managers signature.....

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Return your completed form to:

Lambeth Providers:

Email: gst-tr.stopsmokinglambeth@nhs.net

Fax: 0203 049 6057

Southwark Providers:

Email: gst-tr.stopsmokingsouthwark@nhs.net

Fax: 0203 049 8551